



Colour Tips for March & April

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GREEN IS FOR ST. PATRICK'S DAY!

The true meaning of St. Patrick's day is spiritual regeneration. In fact, one of the most enduring tales of St. Patrick is that he used the shamrock to explain the mystery of the Trinity. He did this by comparing the three leaves with the Father, Son and Holy Spirit. The trinity symbol also represents the body, mind & soul.

This day is traditionally associated with the colour green. We can use the spirit of the green energy to nurture and love ourselves, and to adopt a more green philosophy by "going green" and making our own "luck."

One thing to remember about the green energy is that it supports the heart chakra, which is where your spiritual energy centres connect to your more physical chakras. If your heart chakra is out of balance it may mean that you have little self-love or more misfortunes in this area (including not attracting abundance & prosperity into your life). When your soul essence is struggling with your current values and life situations this can create conflict in your green centre.

By understanding how the colour green can help you balance your heart chakra and resolve heartfelt issues, you can allow unconditional love, health and wealth to be a part of your life. But if your green centre is out of harmony then energies connected to the heart will not be able to flow into it.

The Green energy breathes new life into your being, giving you a feeling of renewed existence. And going green will help nurture the earth so it can sustain us and our children for generations to come!

GO GREEN

What are you doing to help your environment?



Colour Energy is proactive in offering eco-friendly products, free of chemicals, parabens and other harmful additives. As well, we use environmental packaging (recycled or recyclable).

When Inger Naess first came out with the concept of Colour Energy, her vision was to provide people with products that

would support the body, mind & soul on a deep cellular level. This meant developing products that would not harm humans or Gaia. As Colour Energy continues to grow it is important to us that we continue creating products that are safe to use and do not interfere with our energy or the earth's.

Currently we offer:

Dead Sea Salts – Natural salts from the Dead Sea help facilitate the release of toxins and at the same time replenish your body with minerals.

Professional Grade Essential Oils

– Our 100% pure essential oils are free of chemicals and additives, which ensures that you will reap the healing benefits of each plant and flower essence!

Hydrosols – Instead of using chemical air fresheners try using a hydrosol spray. A hydrosol is the oil imbedded water made during the essential oil steam distillation process. Hydrosols are often called floral waters. Rose water is a divine room spray and you can use it as a facial toner.

Carrier Oils – Using a natural carrier oil on your face or body replenishes your skin with the nutritional benefits of the oil. For example, jojoba oil is similar to your own body's natural oil, and rosehip oil is known to repair damaged skin caused by eczema, psoriasis, scarring, burns, aging, etc.

Unscented All Natural Deodorant – Don't block your pores by using deodorant sticks that leave a film. Use Colour Energy's mineral deodorant that really works and allows your body to breathe and release toxins. Clogging pores under your arms can result in cysts and other serious symptoms. Our natural deodorant is recommended by the Mayo Clinic.

Unscented Shampoo, Conditioner, Bubble Bath & Shower Gel

– Most body care products contain harmful chemical preservatives and fragrances. Our body care line is free of parabens and other harsh chemicals. Add several drops of CE pure essential oils or blends to enhance the experience.

Unscented All Natural Moisturizing Lotion

– Using a 100% pure and clean moisturizing lotion allows your skin to breathe. When a skin care product contains chemical preservatives it accelerates

the aging process. When your body has to work harder to eliminate toxins in facial creams and body lotions, the stress will cause your skin to look tired and lifeless. Our natural body lotion is safe to use on all skin types.

Heavenly Scent & Aromatherapy Diffusers

– Our Heavenly Scent Diffuser disperses negative ions along with therapeutic essential oils. This powerful combination helps to reduce symptoms of hay fever, asthma, allergies, breathing disorders, etc. As well, using a diffuser in your car, office, bedroom, bathroom, kitchen, living room, etc. can help to remove unwanted odours and give your body support via the essential oil's diffused particles.

Full Spectrum LifeBulbs™

– Not only do our bulbs replicate noontime sunlight, but they are also environmentally friendly! They consume 75% less power and last 8 times longer than regular bulbs. Save money on your electrical bill while benefiting from full spectrum energy. As well, our LifeBulbs are flicker-free, which causes no stress on your body, mind & spirit.

100% Pure Beeswax Chakra Candles

– Did you know that paraffin candles are as dangerous to your respiratory system as second-hand smoke? Paraffin is a waste product of petroleum and releases carcinogenic toxins when it burns. Our 100% beeswax candles are free from harmful pollutants and come in all 7 colours of the rainbow.

Chakra Silk Scarves

– Zohara's beautiful and vibrant silk chakra scarves are hand-dyed using environmentally friendly water-based pigments, then signed by the artist to create a truly one-of-a-kind gift. The sensuality of coloured silk pleases the wearer in a delightful and sensory way.

Chakra Silk Eye/Body Pillows

– Made with organic lavender blossoms and flax seeds, our pillows exude luxury. Use our eye/body pillows to help reduce stress. Simply place the pillow over your eyes and breathe in the calming aroma of the lavender blossoms.

FOR MORE INFORMATION ON COLOUR ENERGY'S THERAPEUTIC "GREEN" PRODUCTS VISIT WWW.COLOURENERGY.COM 

MAGENTA—IS YOUR COSMIC CONNECTOR INTELLIGENCE.

MAGENTA helps to link us to the cosmic energy, which is far beyond the earthly plane. This is the energy that makes you feel young at heart!

USE THE MAGENTA ENERGY TO...

- Promote a deeper self-confidence through self-identity.
- Helps open you up to the channels of universal energy.
- Create a willingness in you to serve in altruistic ways.

AFFIRMATION: I allow the MAGENTA ray to cleanse and release any negative influences that are hindering me from connecting to my self-identity. I unlock the Akashic records and connect myself to the universe and all the cosmic energies.

COLOUR ENERGY "MAGENTA" TOOLS

There are not many true MAGENTA products as this colour is not a physical earthly energy. However, COLOUR ENERGY offers several tools that work towards raising your vibration to a higher frequency.

Essential Oils—COLOUR ENERGY (CE) offers 4 different therapeutic essential oils/blends, each with different healing attributes that are in the frequency of the "PINK" ray. Rose oil is known for its anti-aging abilities. Rose oil enlivens the spirit and provides a feeling of comfort and well-being. Palmarosa is said to soften a hard heart with love—a beautiful healing and nurturing oil. Petitgrain is an excellent oil to help restore the energy in one's aura by filling one with inner strength and awareness of divine love. Or try COLOUR ENERGY's PINK Chakra Blend to spiritually uplift you and to help you feel at one with the universe.

Chakra Light Essence #8—The purpose of the MAGENTA Chakra Light Essence is to awaken your cosmic links beyond earth. The opening of this chakra helps one harness these supportive energies and helps promote a deeper self-identity as well as opening one to channelling. It creates a greater willingness to serve mankind in an unselfish way.

Magenta Colour Energy Glasses—The MAGENTA glasses act against depression and emotional disharmony, giving new energy.

Aura Cleanser—A highly effective spray formulated to erase negativity from in and around us on many distinct energy levels. This Cleanser was specially created to neutralize and purify areas where it is sprayed allowing you to shift to a higher level. ☯

COLOUR ENERGY ❁ 2-DAY WORKSHOP ❁

March 27th & 28th, 2010

This exciting 2-day workshop will be led by the renowned colour & aura specialist Susanne Murphy

Learn more about your colour blueprint and how you can achieve greater success in your life through the conscious use of colour!

❁ FREE 1-DAY WORKSHOP ❁

Join us on March 29th, 2010 for a one-day **FREE Colour Energy product training.**

CALL 1.800.225.1226 FOR MORE DETAILS

Colour Vibration & the Zodiacal Signs



PISCES — MAGENTA

FEBRUARY 21st - MARCH 20th

THE FUNCTION OF THE MAGENTA ENERGY IS TO CONNECT YOU TO THE COSMIC ENERGIES. THE MAGENTA COLOUR WILL BRING YOU IN CONTACT WITH THE COSMOS, WHICH IS FAR BEYOND THE EARTHLY PLANE.

The Piscean person is effective in both body and spirit connection. They often feel that they have a mission to help others and they do this without wanting anything in return. People born in this zodiac period have the tendency to be actively involved in many causes. Pisceans have the presence of RED's fire as well as the VIOLET's visions. They can be very successful in tasks that combine both their zest for life and humanitarian issues; however, if they only work at satisfying their own pleasures they will feel a lack of inner guidance.

This energy—MAGENTA—is associated with awakening your heavenly links that are beyond the physical earth and will help promote a deeper self-confidence through self-identity, creating a willingness in you to serve mankind in altruistic ways.

The MAGENTA energy is not found in many earthly things. Colour Energy is now carrying an Essence created by the famous alchemist Anthony Cooper of England. This Essence has been specifically created to help you to open up and channel the cosmic vibration.

ARIES — RED

MARCH 21st - APRIL 19th



THE FUNCTION OF THE RED ENERGY IS TO CONNECT YOU TO YOUR PHYSICAL BODY, EARTH'S REALITY AND YOUR EXISTENCE.

The ray of Aries is RED, the cosmic colour of life. Aries are dynamic people with an abundance of vitality and they like to help the weak.

The keynote of Aries is activity, manifesting in the material plane in their ambition, initiative and creativity, and on the higher plane as spiritual adventuring pioneers searching for a better world for all humanity. Aries are generally the most stimulating of all zodiacal signs on both the physical and spiritual levels. When unbalanced they can be demanding and neglect their emotional needs.

Use the RED energy to give you physical strength and endurance. RED energy is found in many foods such as tomatoes, cranberries, beets, cherries, etc. Place a RED gemstone (RED Tiger's Eye, Garnet or Ruby) in your pocket for grounding. COLOUR ENERGY RED oils are ylang ylang, sandalwood, juniper, cinnamon, vetiver or CE's Root Chakra Energy blend. Add a few drops of a RED oil to a RED COLOUR BATH or place a few drops of a RED oil or RED Chakra Light essence on the soles of your feet. The RED nutritional correlation is ginseng, echinacea, cayenne pepper, iron, goldenseal and ginger. Boost your vitality with some RED power today! ☯