

Colour Tips for August

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Colour Energy Corporation • 1682 West 75th Avenue, Vancouver, BC V6P 6G2 • Tel: (604) 687-3757 • Fax: (604) 687-3758 • Toll Free: 1-800-225-1226 • www.colourenergy.com

DID YOU KNOW... SOUND IS AN AUDIBLE FORM OF COLOUR



Sound Essences are vibrational remedies that have been charged with chakra specific sound waves to help balance the energy body.

Everything in the universe is in a state of vibration, including each of us. Life is sound and sound brings life to the earth, which is why using the power of sound energy is one of the simplest and most effective methods of balancing the body's energy system.

Chakra Sound Essences embrace the healing vibrations, which are found in: Sound, Colour, Crystals and Gems, Positive Word Affirmations, Sacred Geometry, Symbols and Aroma. These healing vibrations interact with the physical and energetic body to produce full spectrum vibrational healing for chakra balancing. Aware or unaware, visible or invisible, these vibrational remedies impact us powerfully. It is through using the full spectrum of vibration that the true essence of our being is found.



Sound Essences are pioneering remedies that embrace the principles of vibrational medicine which is based on the principle that all illness, disease, or imbalance is characterized by blockages in the channels on some level: either in the auric field, chakras, meridians, arteries, veins, lymph or nerves. When there is a blockage in a channel, the

related system or organs no longer vibrate at a healthy frequency, causing discomfort or sickness.

Chakra Sound Essences restore the healthy vibration to the etheric body allowing the physical body to rebalance itself. Every individual who works to raise his or her vibrational level is contributing to the alignment and enrichment of this world.

Chakra Sound Essences

Chakra Sound Essences are subtle energy remedies created from the healing vibration of sound from the crystal bowls. These essences are charged with colour and sound vibrations as well as with the information imprint of chosen crystals and gemstones, sacred geometry, ancient symbology, and positive word vibrations.

The whole notes C, D, E, F, G, A, and B resonate with the seven main chakras. The five semitones C#, Eb, F#, G#, and Bb are bridges for the seven chakras located on the back of the body supporting the transitional aspects of the spine.

The Sound Essence mists can serve as a body or room mister, with the potential to balance the chakras of more than one person.

A practical example is to mist the room with the blue throat chakra atomizer just before a business meeting to ensure positive group productivity and communication.

Aura Joy

Aura Joy is a unique vibrational therapy in that it carries the imprint of 12 notes, the seven whole notes that correspond to the seven main chakras and the five semitones that serve as vibrational bridges for the whole notes. *Aura Joy* is a full spectrum vibrational remedy restoring balance to the body as it embraces the seven aspects of healing vibration found

in Sound, Colour, Aroma, Crystals and Gems, Ancient Symbols, Sacred Geometry and Positive Word Affirmations. When these seven aspects of vibrational healing are harnessed together and brought into our lives through *Aura Joy*, they bring joy, vitality, balance and a renewed zest for life.



Aura Joy can be used anywhere at any time for anything. Use it as a pick-me-up aromatherapy spray, or if feeling out of sorts. If there is emotional turmoil or trauma, *Aura Joy* helps to positively shift the emotions.

Meridian Sound Essences

Elemental Sound essences are meridian paired essences relating to the Five Element Theory: Fire, Earth, Metal, Water, and Wood. Each Elemental Sound Essence has the yin and yang component for making seven essences for the fourteen meridians. The Fire Element consists of four meridians, two sub-elements of Ministerial Fire relating to the Heart and Small Intestine meridians, and Sovereign Fire relating to the Circulation/Sex and Triple Warmer (meridians). Earth relates to Spleen and Stomach meridians, Metal relates to Lung and Large Intestine meridians, Water relates to Kidney and Bladder meridians, and Wood relates to Liver and Gall Bladder meridians. Central and Governing meridians combined complete the set of seven.

Elemental Sound Essences can be placed anywhere directly on the skin. Some believe that placing a drop of Elemental Sound Essence on the beginning or end of the meridian will further enhance its value.

Colour Energy is the exclusive distributor of the Sound Essence line. For more information or to purchase any of these incredible Essences contact your local Colour Energy store or practitioner.

◀ HOT NEW PRODUCT ▶

COLOUR ENERGY IS EXCITED TO ANNOUNCE ITS NEW JEWELRY LINE... ALCHEMY PENDANTS!

Wear the power of high vibration essences that will assist with supporting your energy throughout the day. Choose the one that you need the most chakra support for or wear the different Chakra Light Essence pendants as needed. This line consists of the 7 rainbow colours for the main Chakra centres, the 5 higher chakra colours as well we have included Pink's Unconditional Love and Indigo-Blue's Guardian Angel.

These eye-catching pendants are clear glass vials filled with our vibrant coloured Chakra Light Essences and 3 corresponding gemstones to keep the vibration strong during times of distress. Enclosed with a silver plated top, on a silver chain, each pendant comes with an information card... complete in a gift box.

Give the Unconditional Love to a bride-to-be or to someone who is going through a difficult time. For extra protection wear the Guardian Angel pendant for additional guidance and support. These beautiful pendants can also be used as pendulums to provide clarity at a time of uncertainty. Each coloured pendant has its own healing qualities. Read below to learn more about the individual colours.

Chakra Light Essences connect you to:

- RED ESSENCE** – Earth & matter and empowers your inner strength.
- ORANGE ESSENCE** – The present moment and happiness.
- YELLOW ESSENCE** – Mental power, including memory & optimism.
- GREEN ESSENCE** – Divine love and physical & emotional harmony.
- BLUE ESSENCE** – Creative expressions and clear communication.
- INDIGO ESSENCE** – Your inner wisdom and intuition.
- VIOLET ESSENCE** – Divine Light, creativity and inspiration.
- TURQUOISE ESSENCE** – Your body and mind and to their spiritual needs.
- PINK ESSENCE** – Your Life Purpose and Universal Divine Love
- MAGENTA ESSENCE** – Cosmic Energies & altruistic ways.
- GOLD ESSENCE** – The Yang principle & the dynamic forces of nature.
- SILVER ESSENCE** – Your body and to the passive Yin principle, that of Creation.

Upcoming Classes

CHROMALIVE LIGHT THERAPY ❁ 2-DAY WORKSHOP ❁

September 17th & 18th, 2010

This class teaches you how to apply light therapy as a healing modality to your life or practice.

❁ COLOUR 2-DAY WORKSHOP ❁

October 2nd & 3rd, 2010

Learn more about your colour blueprint and how you can achieve greater success in your life through the conscious use of colour!

FOR MORE DETAILS CALL 1.800.225.1226

Colour Vibration & the Zodiacal Signs

LEO – Yellow

July 21st - August 22nd



Leo the Lion is all about the YELLOW ray. Leo's love to learn and are curious by nature. They want to know how everything works and why. Leo's are governed by their mind power and can tend to hide their emotions. On the negative side they will become the YELLOW bellied coward and try to repress or deny their true feelings and inner thoughts.

Overall the Leo person is a strong and independent person who loves to teach others about life and interesting things.

THE PURPOSE OF THE YELLOW ENERGY IS TO BE MORE COMPASSIONATE AND UNDERSTANDING ESPECIALLY TOWARDS THEMSELVES.

Take the time to purify your body, mind and spirit with a daily ritual of a Stimulating YELLOW morning Colour Bath or foot bath. YELLOW is the best mental stimulant and is known to improve one's mind power and memory abilities. Try adding a fresh lemon slice to your drinking water. YELLOW foods are eggs, grapefruit, bananas, pineapple, corn or YELLOW melons, peppers or squash. COLOUR ENERGY's essential oils of rosemary, bergamot or grapefruit are known to stimulate the digestive system and help in releasing body waste—try CE's new YELLOW Chakra Blend. Music that awakens the mind would be sounds of chimes or Tibetan bowls. Test our YELLOW colour therapy eyeglasses for driving long distances or to your improve focus and concentration (Inger wears the YELLOW glasses to help improve her golf game!).

VIRGO – Yellow/Green

AUGUST 23rd - September 22nd



Virgo's strength is their adaptability to new things as well as their ability to discover the new. Fresh new thoughts make the Virgo a valuable team player. Virgos are great supporters because they have clarity of mind combined with a compassionate and giving nature. When unbalanced their struggle is to trust their heart and reconcile what they really feel with what they rationalize as being the so-called "right" or best thing to do.

THE PURPOSE OF THE YELLOW/GREEN ENERGY IS TO LEARN NOT TO BE AFRAID OF EXPRESSING YOUR FEELINGS AND BELIEFS.

The Yellow/Green energy helps to release toxins within the body as well as in the thoughts. When you are lacking the ability to change or if you have too many negative thoughts, the Yellow/Green vibration will help to shift stuck energy and support the mind to think more positively. Mix one cap of Yellow and half a cap of Green Colour Bath to produce a powerful cleansing and detoxifying bath. Add the oils of Rosemary and Eucalyptus to create a mentally and physically stimulating blend. A combination of Yellow and Green foods will improve your digestive system function.