

Colour Tips for July

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DEAD SEA SALTS

For Physical, Mental & Spiritual Cleansing

Since ancient times Dead Sea Salts have been known for their therapeutic and healing properties. Colour Energy salts are 100% pure authentic Dead Sea Salts, are unscented and contain no fillers or additives. The Dead Sea is one of the world's richest sources of minerals. Therefore, the salts that come from the Dead Sea have a high mineral content, containing more than 25 different types of minerals.

The intense salinity of the Dead Sea, with its extreme content of salts and minerals, does not exist anywhere else in the world. Dead Sea Salts contain high concentrations of Magnesium (aids in maintaining the proper pH balance), Sodium (helps to maintain water balance within the body), Potassium (supports muscular elasticity), Calcium (hypo-allergenic, supports bones), and Bromine (relaxing, anti-inflammatory) to name a few of their healing properties.

THE HEALING POWER OF THE DEAD SEA THE NATURAL WAY

The Dead Sea is very well-known for its natural healing powers that the Ancient Egyptians used in their beauty treatments.

Dead Sea Salts can assist with certain skin conditions by restoring lost essential minerals, thus giving the skin a more healthy glow and youthful appearance. As the salts absorb moisture they help detoxify the body by pulling out cellulite and toxins through the pores of the skin. In addition to nourishing and softening the skin they also help relieve sore muscles, arthritic and rheumatoid pain, psoriasis, eczema, tension headaches, and joint & foot aches. Dead Sea Salts are also known to cleanse negativity from the auric field.

Dead Sea Salts promote a greater feeling of well-being and at the same time have a natural anti-wrinkle effect!



Colour Energy Dead Sea Salts available in 100g, 500g, 1 kilo & larger sizes

HISTORY OF DEAD SEA SALTS

For thousands of years, the minerals found in the Dead Sea have been reported to offer extraordinary value. In the Bible it mentions that the Queen of Sheba was presented with Dead Sea Salts from King Solomon upon her visit to the Holy Land. As well, the Empress Cleopatra apparently urged Marc Antony to conquer the Dead Sea region so that she would be guaranteed a bountiful supply of the Dead Sea minerals.

HOW TO USE DEAD SEA SALTS:

There is no limit to the uses of Dead Sea Salts even if you're a shower person! Here are just a few wonderful ways to use Colour Energy's authentic Dead Sea Salts...

BATH: For a soothing, stress-reducing soak add desired amount of Dead Sea Salt to warm bath water. Soak for at least 20 minutes, three times weekly. Beneficial for easing stiffness and muscle pain as well other health conditions.

THERAPEUTIC BATH TREATMENT: Add 2-3 cups of Dead Sea Salts to a tepid bath. For a more detoxifying therapy treatment add 10-20 drops of Colour Energy's Yellow Detox or Chakra Blend and/or 1 package of Yellow Colour Bath. Soak in water for 20-30 minutes. Drink a glass of water after bath.

FOOT BATH: Add 2-3 Tablespoon of Dead Sea Salts to a shallow basin of water (up to the ankles). Add 4-6 drops of Colour Energy's Yellow Detox Blend for a more cleansing treatment. Soak feet for 15-20 minutes while sipping hot water. Excellent for tired aching feet.

FACIAL EXFOLIANT: Simply add 10-20 drops of Colour Energy's Skin Renew, Pink Chakra Blend, or 1/4 cup of Rose Hydrosol to 1 cup of extra fine (powder) Dead Sea Salts. Gently rub mixture in a circular motion on face and/or body.

FACIAL CLEANSER: Mix 1/2 teaspoon of extra fine Dead Sea Salt into cleansing cream for a deep-pore cleansing. Massage on skin. Rinse with cool water. Pat dry.

BODY EXFOLIANT: Mix 1 cup of Dead Sea Salt with 1/8 cup of skin cleanser. Use the mixture to gently scrub away dry skin patches.



Use extra fine grain for facial or body scrubs

SPA TREATMENT: After showering, massage extra fine (powder) Dead Sea Salt over wet skin to cleanse, exfoliate and soften the rough spots, rinse off when your skin feels baby soft. It's the same treatment many upscale spas use, without the upscale price!

Use a warm Dead Sea Salt soaked compress to reduce swelling from sore and stiff muscles, scrapes & splinter removal.

Use a cold Dead Sea Salt-soaked compress to reduce swelling, bruising and inflammation or take the sting out of insect bites.

Mixed with your favorite deep conditioner, Dead Sea Salts even help to add body to your hair! Excellent for dry scalp and other skin conditions. Use Dead Sea Salts in a Sitz bath or to alleviate many health issues... the uses are endless. Use your imagination and bathe in the Dead Sea!

TRI-SALTS

Why are Tri-Salts (Cell Salts) Essential?

Minerals (such as Tri-Salts) are the foundation for enzyme activity in the body and serve as catalysts in energy cycles and functions, which is especially necessary when our body system is already weakened. Tri-Salts aid in the basic functioning of the cells, including water balance, digestion, toxin removal, cell elasticity, oxygenation, nutrition, mineral absorption, sodium/potassium balance, etc.

Harmonyline Tri-Salts contain a perfectly combined ratio of elements that assist in the body absorption of water into the cells, which in turn creates electrolytes. Had I not tried it myself I would have never believed the instantaneous response on the Biopulsar. Harmonyline Tri-Salts were designed to bring the body back to a state of homeostasis by increasing the electrolyte activity. Electrolytes are an essential component in the production of our body's energy resources.



KEY REASONS TO USE TRI-SALTS:

- Helps maintain optimum pH level in the body, preventing acidic and unhealthy cellular states in the body
- Alkalinizing mineral blend contributes to the prevention of chronic and degenerative diseases
- Increases the body's electrolytes, which combats heart disease, cancer, etc.
- Acts on the cellular level of your whole metabolism
- Hydrates by stabilizing the acid-base balance in the body
- Reduces and impedes premature aging of the face reflex zones and other body areas.

Upcoming Classes

CHROMALIVE LIGHT THERAPY ❁ 2-DAY WORKSHOP ❁

September 17th & 18th, 2010

This introduction to colour light therapy is an excellent program that teaches you how to apply light therapy as a healing modality to your life or practice.

COLOUR ENERGY ❁ 2-DAY WORKSHOP ❁

October 2nd & 3rd, 2010

BACK BY POPULAR DEMAND!!!

Learn more about your colour blueprint and how you can achieve greater success in your life through the conscious use of colour!

**FOR MORE COURSE DETAILS
CALL 1.800.225.1226**

Colour Vibration & the Zodiacal Signs



CANCER – YELLOW/ORANGE

JUNE 21st - July 20th

People born under the sign of Cancer are very mentally creative. They understand the relationship between their emotions at any given moment and incoming information. Cancer has a strong "felt" sense of what is right. Judgment is usually based on a gut feeling that a certain direction is best. The ORANGE/YELLOW person is never boring, as s/he can be both knowledgeable and at the same time very entertaining. The nature of Cancer is to uplift others and share innovative ideas.

THE PURPOSE OF THE ORANGE/YELLOW ENERGY IS TO FACE LIFE'S CONFLICTS HEAD ON AND DEAL WITH ONE'S FINANCIAL RESPONSIBILITIES.

ORANGE is the energy that connects to one's sensing abilities and YELLOW is the colour of knowledge and clarity. Combined ORANGE/YELLOW allows one to "go" with the flow and at the same time give new ideas. Great for helping one to release rigid patterns and habits. Mix one cap ORANGE and one cap YELLOW Colour Bath together and create a beautiful peach bath experience. A peach coloured bath will support the deep release of toxins.

Other ORANGE/YELLOW tools would be Colour Energy's Bergamot oil mixed with ORANGE for a nice uplifting blend. Also CE's Melissa Mix is a combination of ORANGE and YELLOW essential oils.

Lighter coloured foods such as Apricots, Peaches, Cantaloupes and Yam are the ORANGE/YELLOW energy. ☾

LEO – YELLOW

July 21st - August 20th



Leo the Lion is all about the YELLOW ray. Leo's love to learn and are curious by nature. They want to know how everything works and why. Leo's are governed by their mind power and can tend to hide their emotions. On the negative side they will become the YELLOW bellied coward and try to repress or deny their true feelings and inner thoughts.

Overall the Leo person is a strong and independent person who loves to teach others about life and interesting things.

THE PURPOSE OF THE YELLOW ENERGY IS TO BE MORE COMPASSIONATE AND UNDERSTANDING ESPECIALLY TOWARDS THEMSELVES.

Take the time to purify your body, mind and spirit with a daily ritual of a Stimulating YELLOW morning Colour Bath or foot bath. YELLOW is the best mental stimulant and is known to improve one's mind power and memory abilities. Try adding a fresh lemon slice to your drinking water. YELLOW foods are eggs, grapefruit, bananas, pineapple, corn or YELLOW melons, peppers or squash. COLOUR ENERGY's essential oils of rosemary, bergamot or grapefruit are known to stimulate the digestive system and help in releasing body waste—try CE's new YELLOW Chakra Blend. Music that awakens the mind would be sounds of chimes or Tibetan bowls. Test our YELLOW colour therapy eyeglasses for driving long distances or to your improve focus and concentration (Inger wears the YELLOW glasses to help improve her golf game!) ☾